

BAY CLUB SWIM LESSONS

RED CROSS BASED CHILDREN SWIM LESSONS

November 3, 5, 10 and 12 ~2 Weeks T/TH

***12:40-1:20 Beg/Interm, 3 and Up ~Parent (in the pool)**

Beg ~No Experience/Skill required

Beg~Water Orientation & Basic Skills

Interm~Bubble-blowing & Face Immersion Required

Interm~Front & Back Floats, Glider, Flutter Kick, Arm Movement Intro

***1:40-2:20 Beg/Interm ~ 3 and Up ~ Parent (in the pool)**

Same as 12:40-1:20 class

***2:40-3:20 Advanced ~ Child ONLY ~ Advanced Classes**

Independent swimmers only, must be approved by instructor

Stroke Development, Backstroke, Freestyle

INSTRUCTOR: JAIME ROTH & ZANE WILKINSON

PRICE: MEMBERS \$80+TAX / NON-MEMBER \$88+TAX 2 Week Classes

Lessons are 40 minutes long

Beginner & Intermediate students must have a parent in the water to help instruct and use physical contact. There will be no hands-on contact between swimmers and instructors.

SPACE IS LIMITED ~ social distancing must be maintained, limited spaces are available

SIGN UP TODAY AT THE FRONT DESK

CALL FOR INFORMATION & DETAILS

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