

BAY CLUB SWIM LESSONS

RED CROSS BASED CHILDREN SWIM LESSONS

Session 1 ~September 15, 17, 22 & 24th ~2 Weeks T/TH

Session 2 ~ October 6, 8, 13, 15, 20 & 22 ~ 3 Weeks T/TH

*12:40-1:20 Level 1, 3 & Up~Parent (in the pool) Child Beginners

No Experience/Skill required

Water Orientation & Basic Skills

*1:40-2:20 Level 2-3 ~ Parent (in the pool) & Child Intermediate

Bubble-blowing & Face Immersion Required

Front & Back Floats, Glider, Flutter Kick, Arm Movement Intro.

*2:40-3:20 Level 4 ~ Child ONLY ~ Advanced Classes

Independent swimmers only, must be approved by instructor

Stroke Development, Backstroke, Freestyle

INSTRUCTOR: JAIME ROTH & ZANE WILKINSON

PRICE: MEMBERS \$80+TAX / NON-MEMBER \$88+TAX 2 Week Classes September

PRICE: MEMBERS \$120+TAX / NON-MEMBER \$132+TAX 3 Week Classes October

Lessons are 40 minutes long

Beginner & Intermediate students must have a parent in the water to help instruct and use physical contact. There will be no hands-on contact between swimmers and instructors.

SPACE IS LIMITED ~ social distancing must be maintained, limited spaces are available

SIGN UP TODAY AT THE FRONT DESK

CALL FOR INFORMATION & DETAILS

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